

# MESSENGER

FEBRUARY 2015

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## Inside:



Evangelism:  
God Morning

3



Stewardship:  
Giving out of  
Love

3



Social  
Ministry

3



Parish Nurse:  
15 Minutes to a  
Healthy Heart

5



Events  
Calendar

6

A bounty of \$5,000 was offered for each wolf captured alive. It turned Sam and Jed into fortune hunters. Day and night they scoured the mountains and forests looking for their valuable prey.

Exhausted on night, they fell asleep dreaming of their potential fortune.

Suddenly, Sam awoke to see that they were surrounded by about fifty wolves with flaming eyes and bared teeth. He nudged his friend and said, "Jed, wake up! We're rich!" What is it that some can see a disaster and run while at the same time others see an opportunity to seize?



A Good Story can perk the interest of the reader to the point that the reader identifies with one of the characters and finds himself in another land in another place. It can also at the same time teach something about ourselves.

Jesus used the story very effectively to describe the Kingdom of Heaven, and how we are to respond to it through the characters we identify with. These stories we call parables.

During our lent mid-week services we will focus on a parable that connects with the Lenten themes. My hope and prayer is that they will enrich your own stories of faith in Jesus as we journey through Lent. Each week you

Continued on page 2

will identify with one of the characters depending on which one you imagine yourself to be could let you to receive a great treasure or give up something valuable.

Open your eyes of the heart and you will see Jesus, the crucified Christ. Let this time of Lent help you seize the opportunity instead of running from disaster.

*Pastor Tanney*

*There are three kinds of people in our society: those who can't see or refuse to see the problems; those who see the problems and because they didn't personally create them are content to blame someone else; and those who see the problems and though they didn't create them are willing to assume personal responsibility for solving them.*  
John Perkins



*"We don't have a retirement plan. No one ever wanted to be our pastor that long."*

## THE PARABLES OF LENT

A SERIES OF SERVICES for the SEASON OF LENT



RECEIVE JUSTIFICATION

THE PARABLE of the PHARISEE  
and the TAX COLLECTOR

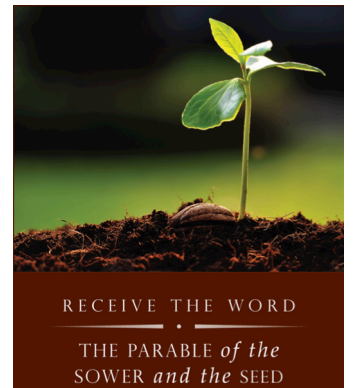
Join us for *The Parables of Lent*, a special series of services for the season of Lent. Each service in this series focuses on a biblical parable that connects to Lenten themes. The Ash Wednesday service in the series is based on the parable of the Pharisee and the tax collector.

In this parable, the tax collector who repents goes home

justified, while the proud Pharisee does not. The parable reminds us that we, too, who repent are justified through Christ. The service includes an Imposition of Ashes, readings from Scripture, a children's sermon, a sermon and thematic hymns that help us to remember that we receive justification only in Christ.

**Ash Wednesday**  
**Wednesday, February 18**  
**6:00pm Soup Supper**  
**7:00pm Worship**

Week One in the series is based on the parable of the sower and the seed. In this parable, the seed that falls on fertile soil takes root and grows, while seeds in other soils fail. The service includes readings from Scripture, a children's sermon, a sermon and thematic hymns that help us to remember that when we are open to receiving the Word, the Word of Christ flourishes within us.



RECEIVE THE WORD

THE PARABLE of the  
SOWER and the SEED

**Wednesday, February 25**  
**6:00pm Soup Supper**  
**7:00pm Worship**

## Stewardship Notes and Quotes

### Giving Out of Love



The best kind of giving is that which springs out of the compulsion of love - our love for God, our love for others.

The concern is neither to draw attention to the size of our gift nor the size of our humility but to the size of the need which we see.

Have you examined the ways in which you use too much time on yourself? Or wasting time on things that aren't really important? Ask yourself: Do you ever find time for the work of God?

Giving time and monetary giving are just two ways to honor and glorify God.

## Social Ministry

Jesus said to His disciples, "Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on," Luke 12:22.

Whenever we are concerned about the shortage in our food pantry, God always provides us with what is needed for us to continue to serve the community. All of your support is definitely the reason we can continue to serve the people in need.

"Souper Bowl of Caring" is a nationwide day to fight hunger. On February 1st, Super Bowl Sunday, there will be a door collection. All the money collected will go to the food pantry. Your support is and will be appreciated.



May God continue to bless each of you and the "out reach" to un-churched families in our community.

## Evangelism

Recently, I read that someone was sending an email and addressed it "God Morning" instead of "Good Morning" as was intended. I believe that is a good greeting, especially when we think of Psalm 118:14: "This is the day the Lord has made; let us rejoice and be glad in it." Now while that is true every morning, we can especially apply it to an up-coming event---PALM SUNDAY.

We will be celebrating the entrance of our King and Savior, JESUS into Jerusalem. We plan to celebrate that on FRIENDSHIP SUNDAY, March 29 at the 10:30 worship service. Now we all have the opportunity to serve boldly and invite people to our Friendship Sunday celebration, the "GOD MORNING." We will have invitations for you to give to your family, friends and those you may not know. After all, we all like to celebrate and what better person to celebrate than our best friend, KING JESUS.

Keep the date and watch for further details--March 29, 2015 at 10:30 a.m.



Friendship  
Sunday

March 29, 2015

## Parish Nurse

### FIFTEEN MINUTES TO A HEALTHY HEART QUALITY TIME



Don't have an hour to spend at the gym? Good news. You don't have to work that hard to keep your heart healthy. A study proves that several 15-minute sessions of walking or stair climbing a day are as heart healthy as one longer session spent at the gym or on the tennis court.

In the Harvard Alumni Health Study, researchers followed more than 7,000 Harvard University alumni age 65 and older for five years and found that when it comes to keeping hearts healthy it's not the time spent but the effort made that counts.

After looking closely at the total energy spent on physical activity, researchers found that short exercise sessions were just as heart healthy as longer ones, as long as the total energy expended was similar. In

addition, men who engaged in sports, went to the gym regularly or participated in recreational activities were no healthier than men who only walked and climbed stairs, provided they put some spring in their step.

Researchers concluded that walking around the neighborhood several times a day is just as beneficial as sweating it out for hours in the gym in keeping hearts healthy for life. Therefore, the biggest factor in reducing the risk of heart disease turns out to be effort-not duration. SO LACE-UP THOSE WALKING SHOES!

If you have any medical questions or problems call the church office or  
Maureen Rehmer at 352-6266.



Ever wonder what our church could do in the community if we were given \$10,000? Well, let's find out! One component of the Serve Boldly initiative is the chance to receive a \$10,000 grant to aid us in our service to the community. The Serve Boldly initiative is now in full swing. Make sure to take the survey by February 21st and get it to Jerry Foster, Pastor Tanney, or go online to [ServeBoldly.org](http://ServeBoldly.org). If you need a survey form contact Jerry at [jerry.foster@sbcglobal.net](mailto:jerry.foster@sbcglobal.net) or 314-346-1325. The more surveys completed, the better our chances are of receiving the grant. So, make sure to take it before February 21st!

*"Serving Boldly is not always comfortable, but perhaps comfort is not what we should be seeking."  
Chris Shearman, Messiah Lutheran Church*



## LHSS Mother's Club Spring Quarter Auction

**Friday, February 27**, LHSS Kuhlmann Center Doors open at 6:15 pm Quarter Auction Begins at 7:00 pm

Grab a group of friends and get your table for the Quarter Auction. Throughout this fun evening, 40+ items from local vendors will be auctioned off for a quarter each (or maybe two or three). You will also have the opportunity to shop our vendors for graduation and summer birthday gifts.

- Cost: \$5 per person, \$30 for a table of 6, or \$60 for a table of 12
- This is an "adult only" event so bring your own drinks and appetizers
- Mother's Club will provide ice water and a "cocktail of the night"

Please send in a single reservation for your group. If you don't have 6 people, let us know and we will be happy to seat you with some new friends. Proceeds Support Project Graduation. Contact Christine Bacon at [baconmcwj@sbcglobal.net](mailto:baconmcwj@sbcglobal.net) for more info.

## 2015 Meetings

### Voters

February 15  
April 19  
June 14  
September 13  
November 1  
December 13

### Executive Council

February 1  
March 15  
May 17  
July 19  
October 4  
December 13

## WOW



Women of the Word want your favorite recipes to put together a cookbook for the 150<sup>th</sup> anniversary celebration of St. Johns. Please email them to Joan Potvin at

[jbpotvin@sbcglobal.net](mailto:jbpotvin@sbcglobal.net) or Ruth Evers at [baitgirl26@yahoo.com](mailto:baitgirl26@yahoo.com). You can also pick up a form in the narthex and return in the designated box.

## Trivia Night

Our Savior Lutheran Church (Fenton) is having a Trivia Night on **Saturday, March 7**. Doors open at 6:30pm and Trivia begins at 7:00pm. Snacks, soda, water, coffee is provided for free. Outside food is welcome, but no alcohol please. Cost is \$15 per person (8 people per table). All proceeds go to school Art supplies. To sign up contact Gail Keeve at 636-225-3899 or email: [gailkeeve@yahoo.com](mailto:gailkeeve@yahoo.com)

## Lutheran North VS Lutheran South Basketball

Bring you family for a day of spirited competition and fun. **Saturday, February 7** Freshman Boys at 10:00am, JV Girls at 11:30am and JV Boys at 1:00pm play at Lutheran South. Varsity Girls at 6:00pm and Varsity Boys at 7:30pm play at Missouri Baptist University (I-40 and Mason Rd). Adults \$5.00 for the day, high school age and younger: Free! LHSS & LHSN Spirit Wear for sale and concessions available.

## 10<sup>th</sup> Annual Wine Tasting

Taste over 25 wines. Enjoy a buffet dinner with carving station. **Saturday, February 7**, 6:00pm-8:00pm at Racquet Club of Saint Louis (476 N. Kingshighway) Tickets \$50 per person. Contact Gina for reservations 314-745-2784 or [ginah@lcfsmo.org](mailto:ginah@lcfsmo.org)

## LFCS Trivia Night

Join Lutheran and Family Services for their 2<sup>nd</sup> Annual Trivia Night, **Saturday, February 21**, doors open at 6:00pm, trivia starts at 6:30pm. Cost is \$25 per person or \$200 per team (8 players) includes soda, beer and snacks. Players are welcome to BYOB and other food. Trivia will take place at Hope Lutheran Church (1975 Old Highway 94 South, St. Charles). Contact Hope for more information at 636-946-8922.



2/2 Earl Welch  
 2/6 Pastor Tanney  
 2/7 Tamarris Bohannon  
 2/7 Jeanette Creamer  
 2/7 Carolyn Dickhoener  
 2/7 Melvin Frentzel  
 2/12 Eunice Bain  
 2/17 Mabel Wilke  
 2/20 Deb Meyer  
 2/22 Charlene Guttman

### Address Correction:

John & Carmen Hobson  
 Provision Living of Godfrey  
 1373 D'Adrian Professional Park  
 Godfrey, IL 62035

### Homebound Birthdays:

Melvin Frentzel  
 6900 Lake Park Circle  
 St. Louis, MO 63123

Charlene Guttman  
 3524 St. Francis Dr.  
 Arnold, MO 63010-3977

~ February 2015 ~							Mar 2015 ►
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b> Life Sunday 7:45am Sunday Worship 9:15 Bible Class 10:30 am Sunday Worship 12:00pm Executive Council	<b>2</b> 3:30pm Compass 7:00pm Elders	<b>3</b> 8:15am Nepalese Bible Study 1:30pm Home Bible Study 3:30pm Compass	<b>4</b> 8:00am Eagle Coffee 2:00pm Compass 5:00pm Confirmation w/parents	<b>5</b> 2:00pm Home Bible Study 3:30pm Compass 6:30pm ESOL 6:30pm Adult Information	<b>6</b> 8:00am Bible Study 3:30pm Compass	<b>7</b> 8:00am Social Ministry 8:30 Food Pantry	
<b>8</b> Fifth Sunday after Epiphany 7:45am Sunday Worship w/ Communion 9:15am Bible Class 10:30am Sunday Worship w/ Communion	<b>9</b> 3:30pm Compass 7:00pm WOW	<b>10</b> 8:15am Nepalese Bible Study 1:30pm Home Bible Study 3:30pm Compass	<b>11</b> 10:30AM Avalon Bible Study 2:00pm Compass 5:00pm Confirmation	<b>12</b> 2:00pm Home Bible Study 3:30pm Compass 6:30pm ESOL 6:30pm Adult Information	<b>13</b> 8:00am Bible Study 3:30pm Compass	<b>14</b> Valentine's Day 8:30 Food Pantry	
<b>15</b> Transfiguration of Our Lord 7:45am Sunday Worship 9:15am Bible Class 10:30am Sunday Worship 12:00pm Voters	<b>16</b> Presidents Day Eagle Closed Church Office Closed 6:30pm Evangelism	<b>17</b> 8:15am Nepalese Bible Study 1:30pm Home Bible Study 3:30pm Compass	<b>18</b> Ash Wednesday 2:00pm Compass 5:00pm Confirmation 6:00pm Soup Supper 7:00pm Ash Wednesday Worship	<b>19</b> 2:00pm Home Bible Study 3:30pm Compass 6:30pm ESOL 6:30pm Adult Information	<b>20</b> 8:00am Bible Study 3:30pm Compass	<b>21</b> 8:30 Food Pantry	
<b>22</b> First Sunday in Lent 7:45am Sunday Worship w/ Communion 9:15am Bible Class 10:30am Sunday Worship w/ Communion	<b>23</b> 3:30pm Compass 7:00pm Ushers	<b>24</b> 8:15am Nepalese Bible Study 1:30pm Home Bible Study 3:30pm Compass	<b>25</b> 2:00pm Compass 5:00pm Confirmation 6:00pm Soup Supper 7:00pm Lent Worship	<b>26</b> 2:00pm Home Bible Study 3:30pm Compass 6:30pm ESOL 6:30pm Adult Information	<b>27</b> 8:00am Bible Study 3:30pm Compass	<b>28</b> 8:30 Food Pantry	