



# Messenger

July 2015

St. Johns Lutheran Church  
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## Celebrating 150 Years!

## From the Pastor's Desk

I saw this engaging chuckle on my desk. It is an interview with a 101 – year-old Hattie Mae MacDonald of Feague, Kentucky.



**Reporter:** Can you give us some health tips for reaching the age of 101?

**Hattie:** For better digestion, I drink beer. In case of appetite loss, I drink white wine. For low blood pressure, I drink red wine. In case of high blood pressure, I drink scotch. And when I have a cold, I drink Schnapps.

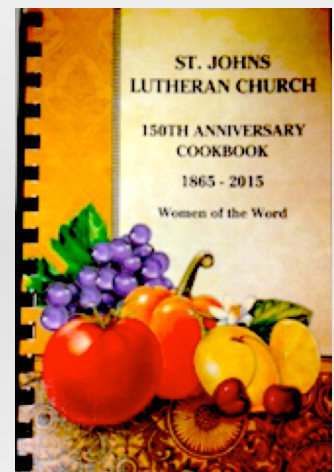
**Reporter:** When do you drink water?

**Hattie:** I've never been that sick.

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St. Johns 150<sup>th</sup>  
Anniversary

Cookbooks are here!!!!



They will be available for purchase Sunday mornings before and after the morning worship service.

*Follow our website blog at [stjohnslutheranstlouis.org](http://stjohnslutheranstlouis.org) and sign up to receive a daily email with a prayer for our church, our community, our leaders, our nation and our world.*

**150** Celebrating  
Years  
with  
Days  
of Prayer!

# Parish Health

## Osteoporosis

This month I want to share some information on Minerals and our Health. In Ezekiel we read the account of the valley of dry bones and the Spirit of our great God who brings them to life, "...I will put my spirit in you and you will live" (37:14).

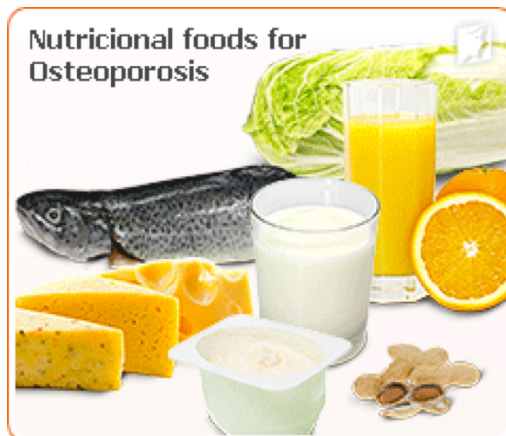
### What Are Minerals?

Minerals are elements found in the earth and are necessary for good health. Bulk minerals such as calcium and magnesium are needed in larger amounts while trace minerals such as iron, copper and zinc are also essential, but needed in smaller amounts. Many multivitamin preparations contain some minerals. Today we focus on calcium and our health.

### What is Osteoporosis?

Osteoporosis causes the bones to be weaker and more easily broken especially at risk are the spine, wrist and hip bones. However, any bones can suffer from this. It is a generally preventable disease and is the underlying cause of hip fractures for more than 200,000 Americans each year. It is the calcium, which makes bones hard. When blood calcium levels drop, more calcium is taken out of the bone to maintain necessary levels. The deposit of calcium in the bones peak around 35 and after that we begin to lose more calcium than is replaced. At the same time, once we hit our 40's both men and women absorb less calcium from the foods they eat. Many women need to take calcium supplements to get the recommended intake every day. Certain antacids contain calcium, but make sure this product doesn't also contain aluminum, which can impair the body's absorption. Symptoms of osteoporosis include bone fractures, which may occur without pain, loss of height and curvature of the spine and chronic aching in the back area. Research has shown that inactivity contributes to bone loss. As always, it is best to discuss any new exercise programs with your doctor before starting.

### Nutritional foods for Osteoporosis



The Bible reminds us that "...good news gives health to the bones." (Pr. 15:30)  
May we find ways to build up our health, strengthen our bones and share a word of good news with each other.

## Social Ministry

**"Oh give thanks to the Lord, for He is good, for His steadfast love endures forever." Psalm 107:1**

**Our food pantry will be closed July 4th and July 11<sup>th</sup>.**

**No clothing will be accepted in the food pantry until after the first of September.**

**Food pantry continues to serve from the fellowship hall because of the renovations in the school. Patience, understanding and prayers are needed from all of us during this time. We apologize for the inconvenience of freezers, refrigerator, boxes etc. We continue to average 50 families each week.**

**Donations from the members of our church, other Lutheran churches, CPH and other outside sources are certainly a blessing, which assists in functioning adequately.**

# STEWARDSHIP NOTES AND QUOTES

## Seven Reasons For Tithing

- To express my love of God in a very real and sometimes difficult way
- To ensure that I give God the first place in my life by not giving Him the leftovers
- To express my gratitude to God for His goodness to me
- So that I may never forget that everything I have belongs to Him
- As a deterrent against the vice of avarice (desire for great wealth)
- To help the works of God at home and abroad
- To do my share gladly and gratefully



*Bring the full tithe into the storehouse, that there may be food in my house. And thereby put me to the test, says the LORD of hosts, if I will not open the windows of heaven for you and pour down for you a blessing until there is no more need. Malachi 3:10*



## Evangelism

### CELEBRATION

On July 4, the U.S.A. celebrates Independence Day. On July 12, St. Johns Lutheran Church will celebrate 150 years of bringing Christ to the City.

We know that times have changed and because of this, our church has had to make changes. We now have a new school with the Compass Program that uses our facilities. By inviting them to participate and sing in our church, we are bringing Christ to the Children.

In 1875 our church had a communicant body of 50 German immigrants. Today, we are providing a place for immigrants from other countries to worship. Still we are bringing Christ to the City only on a larger scale.

We pray that God will permit us to do this for the next 150 years.





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**Reporter:** What do you like about being 101?

**Hattie:** No peer pressure!

I know too many of us don't consider ourselves that old, but we are not young chickens anymore either. What impresses me is the willing and continual service of our older adults here at St. Johns. They see their mission and ministry don't stop at retirement. We are so blessed by their involvement week after week. An article states that 75% of the Baby Boomers over the age of 65 are what the article calls go-go's. They are independent people, some working part-time, love to travel, engage in recreational activities, and seek spiritual opportunities, and do hands-on ministry. These are the fruitful disciples of the Lord Jesus. As Psalm 92:12-15 says:

The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; planted in the house of the Lord, they will flourish in the courts of our God. *They will still bear fruit in their old age*, they will stay fresh and green, proclaiming, "The Lord is upright; He is my Rock, and there is no wickedness in Him."

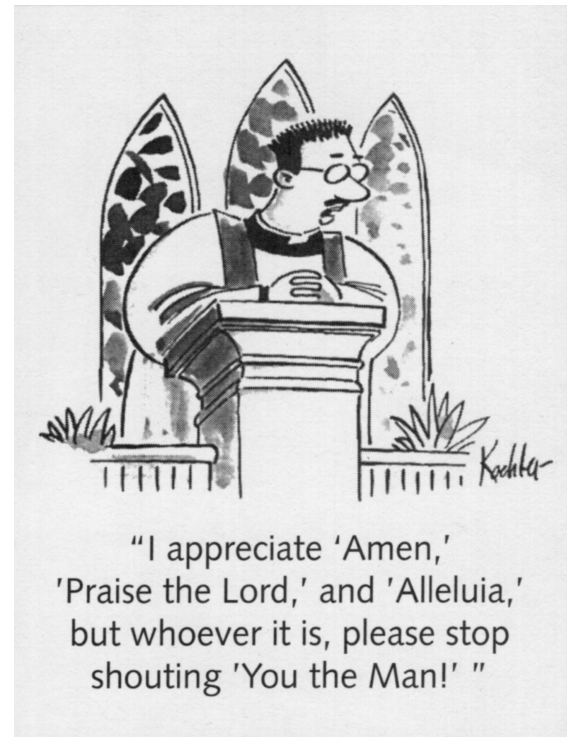
Thank you from the bottom of my heart.

I'm off on my vacation after I write this so have a good summer and I will see you at the Anniversary Celebration July 12<sup>th</sup>.

*Pastor Tanney*

*"If I had known I was going to live this long, I would have taken better care of myself."*

— *Mae West*



*Thanks to all who donated  
supplies, financial gifts and  
volunteered there time to make this  
years VBS a success!*



# St. Johns Historical Perspective

To see the entire timeline visit  
[stjohnslutheranstlouis.org](http://stjohnslutheranstlouis.org)

1850 – German descendants settled near Morganford and Chippewa seeking employment in the coal mines. Small truck gardeners and merchants followed to form a viable community, which became known as ‘Minerstown.’

1865 – July 4, Initiation of congregation, served by Prof. F.A. Craemer. The Lutheran Young People’s Society of St. Louis, to celebrate the anniversary of its organization, sponsored a picnic in Bamberger’s Grove (near Gravois and Gustine Streets – now Gravois Plaza). Impressed by the Concordia Seminary student speeches and inspired by their Lutheran heritage while lamenting their lack of worship facilities, eight of the Minerstown gentlemen (St. John’s Charter Members) approached the faculty of Concordia College and requested they provide a minister to shepherd the families of German Lutheran settlers living in the area.

1865 – July 9th, Concordia sent as their first pastor Professor August Craemer, under the auspices of Dr. Walther. The first congregation worshiped in the frame church, owned by the Holy Innocents Episcopal Church, at Morganford and Tholozan. Mr. Paul Gayer instructed the St. Johns children in the Bible and Lutheran Doctrine in his home after school. Pastor Craemer served 10 years 1865 – 1875

1868 – Purchased 1/2 acre of ground for \$250 to erect church at Morganford and Chippewa

1868 – Sept. 20, First church dedicated as St. John’s Evangelical Lutheran Church (where today’s church now stands). The small two-story frame building had an upper floor for worship services and a lower floor for a parochial school.

1875 – Aug. 1, First resident pastor, Herman Bartels, installed to serve the 50 communicants church body. Pastor Bartels was born in Germany in 1851. He left Germany at 18 with an emigrating colony bound for Perry County, Missouri. He graduated from Concordia Seminary in 1875, and he served his entire 55-year ministry at St. John’s 1875

1884 – July – Second church erected

1884 – Nov. 23, Second church dedicated. Total cost was just over \$6,000. The first frame church and school was moved to the rear of the lot where it still functioned as school until 1905.

1905 – First brick and mortar school dedicated. A two-story brick 4 room school was erected on Chippewa. The identifying stone marker read “St. Johannes’ Ev.Luth.Schule.” From 1905-1923 this school taught lower six grades only. By 1910 most lessons were presented in English. Mr. Christian Paul, who taught 50 years from 1882-1932 (one of the longest teacher tenures), served with many other teachers in this school.

1907 – The frame parsonage sold and moved to 4382 Chippewa. A 2 story – 8 room brick parsonage was erected.

1921 – Asst. Pastor Ferdinand Rupprecht installed to conduct the English spoken church services. He was a newly graduate seminarian called as Assistant Pastor to Rev. Bartels

1921 – Sunday school established

1925 – Asst. Pastor F. Rupprecht, stricken with typhoid fever after youth camp outing, died

1925 – Sept. 6, Asst. Pastor Paul H. Hansen, installed

1925 – Oct. 23, cornerstone laid on the Parish Hall

1928 – March 11, Parish Hall dedicated

1940 – Oct – 75th anniversary celebration

1945 – March 23, Alter Guild begun

1947 – Dec. 28, Ground broken for the third sanctuary

1949 – Oct. 30, Present Church dedicated

1960 – Feb. 14, Mr. and Mrs. Club organized

1962 – July 15, Pastor Daniel D. Dautenhahn, installed

1966 – Cornerstone laying for the new school.

1967 – Dedication March 12. The two-story brick and stone school contains 6 classrooms and a multi-purpose room

1981 – June 21, Pastor Roger A. Rekstad, installed as 4th full time pastor.

1983 – Refurbishment of the old school building

1984 – June 10, Asst. Pastor Todd McVey, installed

1985 – March 24, Pastor Todd McVey installed as Senior Pastor

1985 – Aug. 18, Pastor Richard Lieske, installed as Associate Pastor

1990 – Oct. 14, Pastor Gary Dehnke, installed as pastor

2009 – Pastor Dehnke retired and Rev. Richard Foss continued as vacancy pastor

2010 – Pastor Michael Tanney installed as Senior Pastor





*July 7 Irene Hurst*  
*July 9 Jayvon Evers*  
*July 11 Jerry Foster*  
*July 12 Debra Frerichs*  
*July 20 Melba Fanger*  
*July 21 Dennis Jackson*  
*July 29 Roger Schmidt*  
*July 31 Elizabeth O'Leary*  
*July 31 Natalie O'Leary*



*All ladies of St. Johns come and join WOW for summer fellowship on Monday, July 13 at 6:30pm. We will be meeting at*

*Ari's Greek Restaurant*  
*3101 Hampton Ave.*  
*Call Ruth 314-306-5887*

### 2015 Meetings Voters

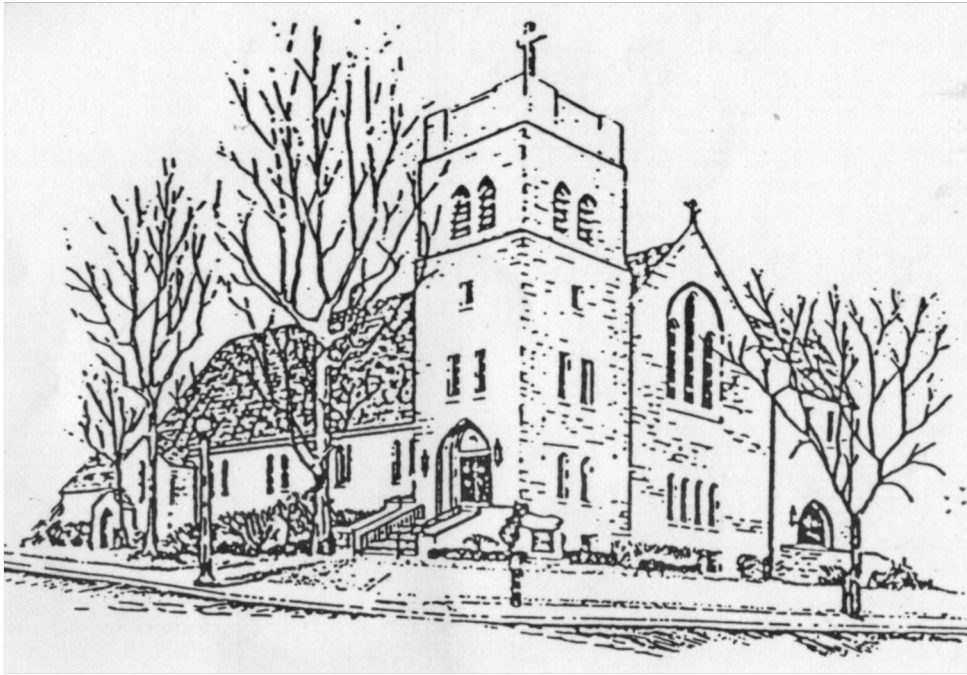
September 13  
 November 1  
 December 13

### Executive Council

July 19  
 October 4  
 December 13

~ July 2015 ~							Aug 2015 ►
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Pastor on Vacation	2 Pastor on Vacation	3 Pastor on Vacation	4 Food Pantry Closed Pastor on Vacation	
5 8:30AM Bible Class 10:00AM Worship Pastor on Vacation	6 Pastor on Vacation	7 Pastor on Vacation	8 Pastor on Vacation	9 6:30PM ESOL Pastor on Vacation	10 Pastor on Vacation	11 Food Pantry Closed Pastor on Vacation	
12 150 <sup>th</sup> Anniversary Celebration 10:00 AM Worship 11:30AM Luncheon	13	14 1:30PM Home Bible Study	15	16 2:00PM Home Bible Study 6:30PM ESOL	17 8:00AM Bible Study	18 8:00AM Youth River Trip 8:30AM Food Pantry	
19 8:30 AM Bible Class 10:00 AM Worship 11:00AM Executive Council	20	21 1:30PM Home Bible Study	22	23 2:00PM Home Bible Study 6:30PM ESOL	24 8:00AM Bible Study	25 8:30AM Food Pantry	
26 8:30 AM Bible Class 10:00 AM Worship	27	28 1:30PM Home Bible Study	29	30 2:00PM Home Bible Study 6:30PM ESOL	31 8:00AM Bible Study		

# Celebrating 150 Years St. Johns Lutheran Church



1865-2015

Go and Make Disciples of ALL Nations: Then, Now  
and For Eternity

## Up Coming Celebration Events:

### Guest Preachers:

**8:30AM Bible Class 10:00AM Worship**

Sunday, August 16 Rev Justin Panzer former fieldworker at St. Johns

Sunday, September 20 Justin Kumfer fieldworker at St. Johns

### Celebration Day:

Sunday, July 12 10:00AM

Special Celebration Service with Guest Preacher Rev. Gary Dehnke

Luncheon to follow

### Banquet Menu:

Pulled Pork/Shredded Turkey/Ribs

Macaroni & Cheese

Slaw/Potato Salad

Fruit

Cake



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Celebrating 150  
Years!



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